



The Cock Inn Polstead

Food served Wednesday - Sunday. Closed Mondays except Bank Holidays.



Spring & Summer Menu

Snacks

RED PEPPER HUMMUS ·VE· CELERY - CUCUMBER - PITTA	6.00
MIXED OLIVES ·VE·	4.00
CIABATTAS ·VE· OLIVE OIL - BALSAMIC	5.00
GARLIC CIABATTAS ·V· GARLIC BUTTER - PARSLEY	5.50

Small plates

CRISPY SQUID LIME MAYONNAISE - LEAVES	8.00
VEGETABLE SPRING ROLLS ·V· CHILLI SAUCE - FRESH MINT	8.00
CHOPPED SALAD ·V· OLIVES - FETA	8.00
SOUP ·V· TOMATO - CHICKPEAS - LENTIL - PEPPER - CIABATTA	7.00

Pok'e bowls

TERIYAKI SALMON ·GF· TERIYAKI SALMON - AVOCADO - MANGO - EDAMAME CUCUMBER - PICKLED GINGER - BROWN RICE	16.00
GRIDDLED CHICKEN ·GF· CUCUMBER - EDAMAME - CARROT - PINEAPPLE PEANUT SAUCE - BROWN RICE - CRISPY SHALLOTS	16.00

To share

LARGE PLATTER BOARDS 2/3 PERSONS	
CURED MEAT CHEESES - CORNICHONS - OLIVE OIL - BALSAMIC SUNDRIED TOMATOES - SALAD - BREAD BASKET	19.00
SEAFOOD TEMPURA PRAWNS - SMOKED SALMON - OLIVE OIL CRISPY SQUID - COCKLES - SWEET CHILLI - BALSAMIC LIME MAYONNAISE - BREAD BASKET	20.00

Sides

TRIPLE COOKED CHIPS ·V· ·VE· ·GF·	4.00
FRIES ·V· ·VE· ·GF·	4.00
BABY POTATOES ·V· ·VE· ·GF·	4.00
MIXED HOUSE SALAD ·V· ·VE· ·GF· BALSAMIC - SALAD	5.00

Catch of the day

BEER BATTERED FISH & CHIPS TARTARE SAUCE - LEMON WEDGE- MUSHY PEAS	16.00
OR	
PAN-FRIED WITH LEMON AND BUTTER ·GF· NEW POTATOES - MIXED LEAVES SALAD	16.00

Mains

POLSTEAD BURGER BEEF - BACON - CHEESE - LETTUCE CARAMELISED ONION CHUTNEY - BRIOCHE - FRIES	14.00
PLANT BASED BURGER ·VE· VEGAN CHEESE - LETTUCE - TOMATOES CARAMELISED ONION CHUTNEY VEGAN MAYONNAISE - BUN - FRIES	14.00
SIRLOIN STEAK ·GF· GRIDDLED TOMATOES - ROCKET SALAD - MUSHROOM TRIPLE COOKED CHIPS - GARLIC BUTTER	22.00
RUMP STEAK ·GF· SAUTÉED POTATOES - GREEN BEANS MUSHROOM - RED WINE SAUCE	20.00
PASTA ·V· MUSHROOM - CREAM - MADERIA WINE SAUCE WALNUTS - ROCKET GARLIC TOASTS	14.00

See today's specials board

Lighter options (lunchtimes only)

HAND CARVED HAM BAGUETTE TOMATO	9.00
MATURE CHEESE BAGUETTE V REAL ALE CHUTNEY	9.00
PLOUGHMAN'S LUNCH MATURE CHEESE - HAND CARVED HAM - APPLE PICKLES - SALAD - REAL ALE CHUTNEY - BREAD BASKET	13.00

·VE· VEGAN ·V· VEGETARIAN ·GF· GLUTEN FREE



Takeaway
Food & Drink Available

PLEASE ASK FOR DETAILS

ALL PRICES ARE IN POUNDS STERLING
AND INCLUSIVE OF VAT AT 20%

ANY ALLERGENS OR INTORLANCES PLEASE
SPEAK TO A STAFF MEMBER BEFORE ORDERING
- FULL MENU ALLERGEN INFORMATION AVAILABLE.

A DISCRETIONARY SERVICE CHARGE OF 10%
WILL BE ADDED TO TABLES OF 7 PERSONS OR MORE.