

All our fish is sustainably sourced



The Cock Inn Polstead

Country Pub & Kitchen

All our meat is locally sourced



Autumn & Winter Menu

FOOD SERVICE HOURS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed (except bank holidays)	Closed	12 - 2.30pm & 5.30 - 8.30pm	12 - 2.30pm & 5.30 - 8.30pm	12 - 2.30pm & 5.30 - 8.30pm	12 - 3pm & 5.30 - 9pm	12 - 4pm (last orders 3.30pm)

WHILE YOU WAIT

- Mixed Olives (v)(vg)(gf)3.50
- Rosemary & Sea Salt Focaccia Bread
with Olive Oil & Balsamic Vinegar (v)(vg).....To Share 5.95

STARTERS

- Soup of the Day with Sourdough and Butter.....6.95
- Crispy Cauliflower Wings with Lemon and Pepper Sauce
and Vegan Mayonnaise (v)(vg).....8.50
- Tempura Battered Prawns with Sweet Chilli Sauce8.50
- Duck Spring Rolls with Hosin Sauce and Spring Onion Salad7.50

LARGE SHARING PLATTTER BOARDS

- Served with bread basket, olive oil & balsamic vinegar (v)(vg)
- Hot Cheese Board** with Baked Camembert, Griddled Halloumi,
Breaded Mozzarella, Celery Sticks, Chilli Jam
and Caramelised Onion Chutney (v)19.95
- Plant Based Board** with Borettane and Balsamic Onions,
Smoked Pepper Houmous, Chargrilled Vegetables,
Sundried Tomatoes, Plant-Based Cheese, Salad (v)(vg)17.95

MAIN COURSES

- Polstead Burger with Melted Cheese, Red Onion,
Tomatoes, Lettuce, Toasted Brioche Bun & Fries (gfa)13.50
Add bacon 1.00 Add mushrooms 1.00
- Griddled Halloumi Burger with Mushrooms,
Sweet Chilli Drizzle, Toasted Brioche Bun & Fries (v)(gfa)12.95
- Real Ale Beer Battered Haddock
with Thick Cut Chips and Mushy Peas or Salad.....15.50
- Sirloin Steak with Mushrooms, Griddled Tomatoes,
Rocket and Thick Cut Chips (gf)20.95
Add Creamy Pepper Sauce 2.00 Add Garlic and Parsley Butter 1.00
- Creamy Brie, Beetroot and Thyme Pastry Tart
with Winter Leaf Salad, Baby Potatoes and French Dressing (v) ...14.95
- Pie Of The Week** - Shortcrust Proper Handmade Pie
with Creamy Mash, Greens and Gravy Jug15.50

SALADS AND BAGUETTES

- Winter Salads**
- Steak, Stilton And Toasted Walnut Salad
with Blue Cheese Dressing (gfa)16.50
- Warm Caprese Salad with Wheatberry, Mozzarella,
Pesto and Roasted Vine Tomatoes (v)
(Plant Based Burrata Available (vg))13.95
- Ploughman's Lunch**
- Salad, Suffolk Ham, Cheese, Apple, Pickles,
Real Ale and Apple Chutney, Sourdough12.50
- Sourdough Baguettes**
Served with Balsamic Dressed Salad Garnish
- Bacon, Brie and Cranberry8.95
- Suffolk Ham and Mustard8.95
- Mature Cheese and Caramelised Onion Chutney8.95

SIDES

- Extras Thick Cut Chips3.75
- Fries3.75
- Baby Potatoes3.75
- Side Salad.....3.75
- Tomato Red Onion Salad3.50
- Beer Battered Onion Rings.....4.50

Also see our evening A la Carte Specials Menu,
Seasonal Specials and our Dessert Menus

Don't Forget Our Sunday Roasts

Served 12-4pm (Bookings Advised)

IMPORTANT - FOOD ALLERGENS

If you have any allergies or intolerances please discuss with a member of staff if you are unsure before ordering.

All our food is prepared in a kitchen where nuts-gluten and other allergies are present. Our menu descriptions do not include all ingredients-if you have a food allergy please let us know before ordering. Full allergen information is available please ask a member of staff. The allergen information is the best of our knowledge and will be updated regularly when menus change. Please ask to see the allergen guides at the time of your visit to check if there has been any changes that may affect you.

Menu and Menu items are subject to availability and change.

(v) indicates Vegetarian dish (vg) indicates Vegan dish (gf) indicates gluten free

(gfa) indicates gluten free adaptable subject to availability



**Takeaway
Food & Drink
Available**

Please ask for details